

THE FAMOUS ANCHOR MUSSEL SELECTION

due to seasonal variations mussel meat can vary in size

Starter with bread - £14.95

Main with chips and bread - £24.95

Mussels Marinière

with white wine, garlic, red onion and cream,
finished with chopped parsley

Mussels Loire

poached in fish stock flavoured with garlic,
white wine and red onion

Mussels West Country

cooked in a creamy cheddar cheese sauce
and Devon cider

Mussels Normandy

cooked in a cream sauce with smoked bacon,
white wine and wilted baby spinach

Mussels Brittany

simply cooked in garlic butter and fresh parsley

Mussels Parisian

cooked in a cream and white wine sauce
with garlic and grainy mustard sauce

Mussels Welsh

poached in a Mornay sauce with sautéed leeks

Mussels Louisiana

cooked in a lightly spiced tomato sauce

Mussels Indian

coated in a traditional dahl style curry

ANCHOR SEAFOOD

The Trawler Man's Gumbo Pot £31.95

duo of fish and shellfish in a South American
style hot, spicy tomato sauce, with warm bread

Our Famous Shellfish Selection £34.95

large helpings of mussels, prawns, king prawns
and razor clams cooked in garlic butter

Our famous Shared Shellfish Selection

for two £69.95 for four £135.95

large helpings of mussels, shell-on prawns, razor
clams, king prawns and lobster in garlic butter

Seafood Mornay £22.95

with mussels, prawns and various fish
bound in a wine and cheese sauce
served with warm crusty bread

OTHER FARE

Whole Tail Scampi £18.95

served with chips and peas

Wild Mushroom Tagliatelle (v) £17.95

bound in a rich cream and herb sauce
dressed with garlic
and parsley oil (vegetarian)

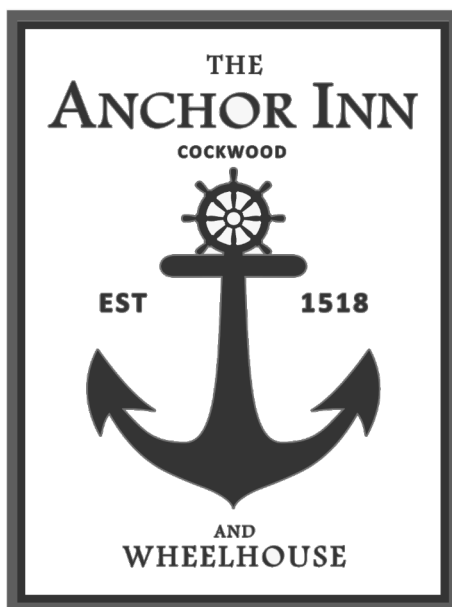
Home Battered Haddock £19.95

served with chips and peas or mushy peas

FOOD ALLERGIES

Some of our items contain nuts, seeds and other allergens.

There is a small risk that tiny traces of these may be in any dish
or food served here. We understand the dangers to those with
severe allergies. Please speak to a member of staff who may be
able to help you make an alternative choice.



SUNDAY lunch

STARTERS

Bread and Olives £10.95
with a balsamic dip

Whole Whitebait
panéed and deep fried £10.95

Creamy Garlic Mushrooms on Toast £10.95
finished with fresh parsley

Smoked Salmon & Mackerel Roulade £11.95
served with crusty bread and salad garnish

King Prawns and Ribbon Salad £11.95
coated in a sweet chilli
and dressed with parsley oil

Baked Camembert £14.95
served with chilli jam and warm bread

ANCHOR SUNDAY LUNCH

Roasted Rump of Beef £19.95
with homemade Yorkshire pudding
and roasted parsnip

Roasted Rump of Lamb £24.95
with homemade Yorkshire pudding
and roasted parsnip

Vegetarian Nut Roast £16.95
with homemade Yorkshire pudding
and roasted parsnip

Roasted Turkey breast £19.95
with stuffing and pig in blanket

Child's Roast Turkey £12.95
with stuffing and pig in blanket

All served with Roast potatoes, market
vegetables and rich gravy.

Extras

Cauliflower cheese 3.75

Pigs in Blankets 3.00

Yorkshire Pudding 1.75

Extra Roast Potatoes 3.00

CHILDREN'S MENU

Chicken Goujons £10.95
with chips and peas

Home Battered Haddock £10.95
with chips and peas

Sausage, Mash, Peas and Gravy £10.95

Tagliatelle £10.95
bound in a cheese sauce,
served with warm crusty bread

SALADS

All served with salad, pickles and warm crusty bread

Home Cooked Ham £19.95
and Westcountry Cheese Ploughman's

Cold Seafood Salad £19.95
prawns and smoked mackerel pâté

Dressed Crab Salad £24.95

FRESHLY FILLED SANDWICH

All served with a choice of
white or granary bread and salad garnish

Brie Bacon and Cranberry £9.45

Home Cooked Ham £9.95

Prawn with Marie Rose Sauce £11.95

Smoked Salmon & Black Pepper £11.95

SIDE ORDERS

Chips £5.95 Cheesy Chips £6.95

Peas £3.95 Side Salad £4.95

Garlic Herb Bread £4.95

Cheesy Garlic Bread £5.95

Market Vegetables £4.95

Pan Fried Mushrooms £4.95

Gravy £3.95

Peppercorn Sauce £4.95

Blue Cheese Sauce £4.95

SWEETS

Chef's Zesty Lemon Semifreddo £8.95

Classic Affogato £9.45

Chocolate Caramel Ganache Tart £8.95

Chef's Homemade Cheesecake £8.95
please enquire for flavours

Homemade Sticky Toffee Pudding £8.95

Westcountry Ice Cream
per scoop £3.50 two scoops £6.75

Vanilla - Chocolate - Strawberry - Honeycomb

COFFEE

Flat White £3.95 Cappuccino £3.95

Cafe Latte £3.95 Espresso £2.95

Americano £3.45

Hot Chocolate with Whipped Cream £4.75

COFFEE LIQUEURS

£7.75

Baileys Whiskey Tia Maria
Rum Cointreau Brandy Drambuie

Please ask a member of staff
for our full list of liqueurs

TEAS

Pot of Tea £3.25

English Breakfast, Earl Grey or Peppermint

